



2024 Long-Term Care Conference

Virtual and In-Person Event
October 7-8, 2024

**Strengthening
our Foundation**

**Balancing and Discovering
New Perspectives**

**10.0 CEUs
Available.**

*See page
11 for
details.*

Monday, Oct. 7



**Emergency
Preparedness**

Tuesday, Oct. 8



Advocacy



**Legal and
Regulatory**



**Organizational
Values**



Dementia

To learn more and register, visit our website www.avilainstitute.org.

2024 brings a new lens – don't miss this opportunity to gather new perspectives.

Join us in-person or online for our Annual Long-Term Care Conference featuring the latest trends and research in long-term care. Attendees will gain insights, learn strategies for success, and strengthen skills to improve quality of care.



SESSIONS AND SPEAKERS

Monday, October 7 (5.0 CE Hours)

Presented by Paul McManus

- 1. Developing a Comprehensive Emergency Preparedness Program** (2.0 CE Hours)
- 2. Life Safety** (1.0 CE Hour)
- 3. Top Risks and Vulnerabilities in Long-Term Care** (2.0 CE Hours)

Tuesday, October 8 (5.0 CE Hours)

- 4. Current Advocacy Issues in Long-Term Care** (1.0 CE Hour)
Kathleen A. Curran, JD, MA
- 5. Federal and State Regulatory and Market Update: The Latest on Survey, Staffing, and Market Trends** (2.0 CE Hours)
Brian Ellsworth, MA
- 6. Living and Leading with Organizational Values** (1.0 CE Hour)
Darren M. Henson, PhD, STL
- 7. Dementia Update** (1.0 CE Hour)
Philip McCallion, PhD



MORE INFORMATION

For more information about this conference, visit www.avilainstitute.org or call Melissa Silvestro at (518) 537-5000.

REGISTRATION

Attend in-person or online. Attend one day or the full conference. Each session will also be offered as an individual live-streamed webinar for continuing education.

Registration includes sessions and digital files.

The in-person event has limited space and includes lunch, snacks, and beverages.

Full Conference (2 days)	\$450.00
Monday Only (5.0 credits)	\$250.00
Tuesday Only (5.0 credits)	\$250.00
Per Credit Hour	\$60.00

IN-PERSON LOCATION

St. Teresa's Motherhouse
600 Woods Rd., Germantown, NY 12526

CREDIT INFORMATION

Continuing education is offered for *Administrators, Catholic Chaplains, Dietitians, Nurses, and New York State Social Workers*

Participants may be eligible to receive up to **10.0** CEUs based on attendance.

For more information see page 11.

CANCELLATION POLICY: Cancellation and refund requests must be made in writing (mail or email). Phone cancellations will not be accepted. AIG regrets that refunds will not be given for no-shows; however, substitutions are gladly accepted. For more information contact us.

EVENT CANCELLATION POLICY: The Avila Institute of Gerontology reserves the right to cancel any scheduled seminar due to unforeseen circumstances up to one day prior to the scheduled workshop, with a full refund of any registration payment.

DISCLOSURES: This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest. There is no commercial support being received for this event.



Monday, October 7, 2024

8:00 am Registration
8:45 am Welcome / Call to Prayer

SESSION 1
9:00 – 11:00 am
**Developing a Comprehensive
Emergency Preparedness Program**
Paul McManus

11:00 am BREAK (15 minutes)

SESSION 2
11:15 am – 12:15 pm
Life Safety
Paul McManus

12:15 pm LUNCH (45 minutes)

SESSION 3
1:00 – 3:00 pm
**Top Risks and Vulnerabilities in
Long-Term Care**
Paul McManus

Tuesday, October 8, 2024

8:00 am Registration
8:30 am Welcome / Call to Prayer

SESSION 4
8:45 – 9:45 am
**Current Advocacy Issues
in Long-Term Care**
Kathleen A. Curran, JD, MA

9:45 am BREAK (15 minutes)

SESSION 5
10:00 am – 12:00 pm
**Federal and State
Regulatory and Market
Update: The Latest on
Survey, Staffing, and
Market Trends**
Brian Ellsworth, MA

12:00 pm LUNCH (45 minutes)

SESSION 6
12:45 – 1:45 pm
**Living and Leading with
Organizational Values**
Darren M. Henson, PhD, STL

1:45 pm BREAK (15 minutes)

SESSION 7
2:00 – 3:00 pm
Dementia Update
Philip McCallion, PhD



**Strengthening
our Foundation**

**Balancing and Discovering
New Perspectives**

DAY 1

Emergency Preparedness

Day one will focus on advancing the safety and preparedness of long-term care facilities. Presenter Paul McManus will provide critical insights and practical strategies to bolster your facility's emergency readiness over three sessions.

PRESENTED BY



Paul McManus

Director - Rochester Office, Jensen Hughes

Prior to joining Jensen Hughes, Paul previously managed safety and security in a large acute care health system and has served as a security consultant to Fortune 500 companies in the US and abroad.

Paul has an extensive background with the fire services, acting in the capacity of Fire Chief and Company Officer in Ontario County and Monroe County, NY. His fire service certification involved

conducting fire investigations at the local and county level, as well as for the insurance industry.

He has had specialized training in Foreign and Domestic Terrorism; Conflict Management and Crisis Intervention; Incident Command Systems; and Department of Defense Emergency Responder Training for Nuclear, Biological, and Chemical Responder Operations.

Paul continues to serve his community as a volunteer firefighter and as member of the board of directors.

**Session
1**

Developing a Comprehensive Emergency Preparedness Program

9:00 – 11:00 am (2 CE Hours)

This session will provide details on developing a comprehensive emergency preparedness program that will address all four phases of emergency management; regulatory requirements and recent findings; significant and illustrative case studies; and Incident Command/Management/Coordination.

Learning Objectives

Following this presentation, participants will be able to:

- List the steps to develop an emergency preparedness program and the fundamental requirements for training and testing of the program.

**Session
2**

Life Safety

11:15 am – 12:15 pm (1 CE Hour)

This session will take the participants through the proper response to a fire in a long-term care facility and directly correlate how required Life Safety features complement the fire procedures from the initial actions upon discovery of a fire, through staff, leadership, and fire department response. Common K-Tag cited and related fire protection features will be discussed.

Learning Objectives

Following this presentation, participants will be able to:

- Identify the required and best practices related to fire procedures in a long-term care facility and how required Life Safety Code® features complement fire procedure and response.

**Session
3**

Top Risks and Vulnerabilities in Long-Term Care

1:00 – 3:00 pm (2 CE Hours)

This session will discuss developing a Hazard Vulnerability Analysis to identify risks, developing a cooperative interdisciplinary team to drive your program, including external partners, and communications and response plan along with other required aspects to make you both regulatory compliant and ready to respond.

Learning Objectives

Following this presentation, participants will be able to:

- Identify the tools to conduct a Hazard Vulnerability Analysis to help form the foundation of their Emergency Preparedness Program.



Strengthening our Foundation

Balancing and Discovering New Perspectives

DAY 2

Advocacy, Legal and Regulatory Updates, Organizational Values, and Dementia

Day two will include vital topics on advocacy, legal and regulatory updates, and organizational values. The last session will conclude with the latest updates in dementia.

PRESENTED BY



**Kathleen A.
Curran, JD, MA**

*Senior Director, Public
Policy, The Catholic Health
Association of the United
States (CHA)*



**Darren M.
Henson,
PhD, STL**

*Senior Director, Ministry
Formation, The Catholic
Health Association of the
United States (CHA)*



**Brian
Ellsworth, MA**

*Vice President, Public
Policy & Payment Trans-
formation, Health Dimen-
sions Group*



**Philip
McCallion, PhD**

*Professor and Director,
School of Social Work,
Temple University College
of Public Health*

Session
4

Current Advocacy Issues in Long-Term Care

8:45 – 9:45 am (1.0 CE Hour)

The voice of the most vulnerable must be heard through those who care for them. This session will describe the current state of health care and related policy at the federal level. It will also discuss the importance of advocacy issues and their relevance to long-term care.

Learning Objectives

Following this presentation, participants will be able to:

- Describe how public policies impact nursing practice and long-term care administration.

Advocacy in long-term care lights the way to dignified, high-quality care, safeguarding rights, fostering equity, and enriching lives.

PRESENTED BY



Kathleen A. Curran, JD, MA

Senior Director, Public Policy, The Catholic Health Association of the United States (CHA)

Kathleen A. Curran is the Senior Director of Public Policy at the Catholic Health Association of the United States. Ms. Curran coordinates the development of public policy positions for the Association and works with other CHA staff to interact with Congress and the Executive Branch to promote CHA's advocacy agenda.

Previously, Ms. Curran was with the United States Conference of Catholic Bishops where she served as Interim Director of the Office of

Domestic Social Development and as a policy advisor on health and welfare issues.

Ms. Curran has also worked at the U.S. Department of Labor and on the U.S. Senate Committee on Health, Education, and Pensions. Prior to coming to Washington, DC, Ms. Curran practiced law in Boston, MA, following a year serving with the Jesuit Volunteer Corps.

Ms. Curran received a law degree from the University of Virginia, a master's degree in Catholic Clinical Ethics from Georgetown University, and an undergraduate degree from Yale University.

**Session
5**

Federal and State Regulatory and Market Update: The Latest on Survey, Staffing, and Market Trends

10:00 am – 12:00 pm (2.0 CE Hours)

The ever-changing regulations continue to challenge all staff as they navigate best practices in caring for elders. In this session, the speaker will provide an update on federal and state trends affecting long-term care providers, including the hot issues on survey, the federal staffing rule, payment policy, and market trends.

Learning Objectives

Following this presentation, participants will be able to:

- Identify the latest federal and state regulatory trends and policy climate affecting long-term care as well as strategies for success.

PRESENTED BY



Presented by Brian Ellsworth, MA

*Vice President, Public Policy & Payment Transformation,
Health Dimensions Group*

Brian Ellsworth has more than 35 years of experience in health care financing, delivery, and policy from both payor and provider perspectives. He has held senior leadership roles at health care trade associations representing post-acute, long-term care, and hospital providers. His experience includes participation in high-profile public policy reform efforts, demonstrations on pay-for-performance and episodic payment models, and complex projects involving multiple stakeholders.

At Health Dimensions Group (HDG), Mr. Ellsworth leads efforts to develop value-based payment approaches for health systems, managed care plans, and post-acute providers, in addition to advising on strategy, market analysis, and public policy issues. He is a thought leader and frequent presenter at health care conferences and events across the country. Recently,

he has assisted HDG's operations team in COVID-19 policy development and execution.

Throughout his career, Mr. Ellsworth's leadership has resulted in important changes to post-acute, long-term care, and inpatient payment and quality monitoring systems. At the American Hospital Association, Mr. Ellsworth developed proposals for payment and quality reform for SNFs, hospital swing beds, IRFs, LTCHs, home health, and inpatient psychiatric facilities. At the Connecticut Association for Healthcare at Home, he led efforts to merge statewide home health and hospice associations. As a policymaker in New York's Medicaid program, he led early efforts to develop managed long-term care plans for the dually eligible.

In addition, Mr. Ellsworth has served on numerous advisory panels to federal and state government concerning financing reform, quality measurement, and payment model design.

Session
6

Living and Leading with Organizational Values

12:45 – 1:45 pm (1.0 CE Hour)

At a basic level, organizational ethics is the art and practice of living the organization's stated values and mission, clearly and with integrity. Stated differently, when problems or complaints arise that pertain to organizational ethics, the issues can be traced most often to weakened lived expressions of the organizational values.

This session will highlight the vital role leaders provide in enlivening organizational values from formal written and spoken communications, to team meetings and review processes. These leading practices strengthen organizational ethics.

Learning Objectives

Following this presentation, participants will be able to:

- Identify the presence or absence of values in organizational life and techniques for values integration.

True leadership
in this field is
measured by our
commitment to our
values ensuring that
the well-being of
residents and the
fulfillment of our
mission are always
at the heart of
our practice.

PRESENTED BY



Darren M. Henson, PhD, STL

Senior Director, Ministry Formation, The Catholic Health Association of the United States (CHA)

Dr. Darren M. Henson serves as CHA's Senior Director, Ministry Formation. He is a theologian with

deep experience enlivening the Mission of Catholic health care. Drawing from the Catholic theological, social, and spiritual tradition, he inspires the integration of mission and values throughout healthcare ministries. Having served in several Catholic healthcare ministries from rural areas to

large metropolitan hospitals, clinics, and systems, Darren brings a nuanced understanding of healthcare operations and ministry. Darren has written widely on topics ranging from ministry to palliative care, ethics, and justice. He is an active speaker and presenter at professional conferences and community gatherings, and he has served on several boards, including the former Supportive Care Coalition.

**Session
7**

Dementia Update

2:00 – 3:00 pm (1.0 CE Hour)

In this session, Phil will discuss the latest updates on dementia including recommendations for prevention, treatment, and care. He will identify the most common types of dementia, brain changes, statistics, and key characteristics. Phil will describe new approaches to assessment, medications, and brain health to help answer the question “What can we do for residents?” Along with caregiver support of family and staff, we must continue to build a workforce to maximize residents’ quality of life and care.

Learning Objectives

Following this presentation, participants will be able to:

- Identify dementia prevention, treatment, and care to maximize residents’ quality of life and care.

.....

**Understanding
dementia requires
more than knowledge
of its symptoms;
it demands a
dedication to
improving lives.**

.....

PRESENTED BY



Philip McCallion, PhD

*Professor and Director, School of Social Work,
Temple University College of Public Health*

Philip McCallion, PhD, is professor and director of the School of Social Work within the College of Public

Health at Temple University. His research advances evidence-based interventions in health promotion, falls reduction, caregiver support, dementia management, and service system redesign.

McCallion is co-founder/co-principal investigator/co-applicant of the Intellectual Disability Supplement to the Irish Longitudinal Study on Aging, and co-investigator on longitudinal studies of dementia in persons with Down syndrome.

McCallion is visiting/adjunct professor at Trinity College, Dublin, a John A. Hartford Foundation Social Work Faculty Scholar and Mentor, and a fellow of the International Association for the Scientific Study of Intellectual and Developmental Disabilities and of the Gerontological Society of America.

Serving on international consensus panels and the board of the National Task Group on Intellectual Disabilities and Dementia, McCallion is the national consultant on intellectual disabilities and dementia for the U.S. National Alzheimer’s and Dementia Resource Center.



Continuing Education

Participants will only receive credit for sessions they have attended in full.

Board Approvals Participants may be eligible to earn up to 10.0 continuing education hours based on attendance of each session in full.

Administrators (NAB)

This program has been submitted (but not yet approved) for Continuing Education for 10.0 total participation hours from NAB/NCERS. *

Catholic Chaplains

This educational program has been submitted to the National Association of Catholic Chaplains for approval to grant Continuing Education Hours.

Dietitians (Registered)

This educational program has been submitted to the Commission on Dietetic Registration for approval to award Continuing Professional Education Units. *

Nurses

This nursing continuing professional development activity was submitted to the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. *

Social Workers (New York Only)

Avila Institute of Gerontology, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0265. Participants can earn 10.0 Contact Hours.

Social Worker CE approval is for New York State Social workers only. Other state licensees are not eligible to receive pre-approved credit.

** For updated information on CEUs, please visit our website www.avilainstitute.org or contact Michelle DuFresne at 518-537-5000.*